Dental Insurance

Coverage that can help make it easier to visit a dentist and can help lower your dental costs.

Bryan County Board of Education
RETIREE

Network: PDP

	Plan option 1 RETIREE – High Plan		Plan option 2 RETIREE – Low Plan	
	In-Network[1] % of Negotiated Fee[2]	**Out-of-Network[1]** % of Maximum Allowable Charge* % of R&C Fee**	**In-Network[1]** % of Negotiated Fee[2]	**Out-of-Network[1]** % of Maximum Allowable Charge* % of R&C Fee**
Coverage Type				
Type A [3]: Preventive (cleanings, exams, X-rays)	100%	100%	100%	100%
Type B [3]: Basic Restorative (fillings, extractions)	80%	80%	80%	80%
Type C [3]: Major Restorative (bridges, dentures)	50%	50%	50%	50%
Deductible† [3]				
Individual	$50 for the following Covered Services Combined: Type B; Type C	$50 for the following Covered Services Combined: Type B; Type C	$50 for the following Covered Services Combined: Type B; Type C	$50 for the following Covered Services Combined: Type B; Type C
Family	$150 for the following Covered Services Combined: Type B; Type C	$150 for the following Covered Services Combined: Type B; Type C	$150 for the following Covered Services Combined: Type B; Type C	$150 for the following Covered Services Combined: Type B; Type C
Annual Maximum Benefit [3]				
Per Person	$1,500 for the following Covered Services: Type A; Type B; Type C	$1,500 for the following Covered Services: Type A; Type B; Type C	$1,500 for the following Covered Services: Type A; Type B; Type C	$1,500 for the following Covered Services: Type A; Type B; Type C

Child(ren)'s eligibility for dental coverage is Your natural or adopted child; Your stepchild; or a child who resides with and is fully supported by You; and who, in each case, is under age 26 and unmarried.
Late-enrollment waiting period: There is a one-year waiting period for all services following date of request.

[1] "In-Network Benefits" refers to benefits provided under this plan for covered dental services that are provided by a participating dentist. "Out-of-Network Benefits" refers to benefits provided under this plan for covered dental services that are not provided by a participating dentist.
[2]Negotiated fees refer to the fees that in-network dentists have agreed to accept as payment in full for certain services, subject to any copayments, deductibles, cost sharing and benefits maximums. Negotiated fees are subject to change. Negotiated fees do not apply to non-covered services in states that prohibit limitations for services not covered under a plan. Participating providers in these states may charge their non-negotiated fees for non-covered services.

[3]Your plan includes incentive provisions. Deductibles, plan maximums and/or co-insurance percentages may differ by plan member.
*Reimbursement for out-of-network services is based on the lesser of the dentist's actual fee or the Maximum Allowable Charge (MAC). The out-of-network Maximum Allowable Charge is a scheduled amount determined by MetLife.
**R&C fee refers to the Reasonable and Customary (R&C) charge, which is based on the lowest of (1) the dentist's actual charge, (2) the dentist's usual charge for the same or similar services, or (3) the charge of most dentists in the same geographic area for the same or similar services as determined by MetLife.
†Applies only to Type B & C Services.

List of Primary Covered Services & Limitations*

The service categories and plan limitations shown represent an overview of your Plan Benefits. This document presents the majority of services within each category, but is not a complete description of the Plan.

Plan Type	Plan Option 1: RETIREE – High Plan How Many/How Often	Plan Option 2: RETIREE – Low Plan How Many/How Often

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Type A — Preventive		
Prophylaxis (cleanings)	Twice in 12 months.	Twice in 12 months.
Oral Examinations	Two exams every 12 months.	Two exams every 12 months.
Topical Fluoride Applications	Two fluoride treatments in a 12 month period for dependent children up to his/her 19th birthday	Two fluoride treatments in a 12 month period for dependent children up to his/her 19th birthday
X-rays	• Full mouth X-rays; once every 5 Years • Bitewings X-rays; one set every 12 months.	• Bitewings X-rays; one set every 12 months.
Sealants	Sealants or sealant repairs for a Child under age 19 which are applied to non-restored, non-decayed first and second permanent molars, once per tooth every 3 Years.	None
Type B — Basic Restorative		
Fillings	Replacement after 6 months	Replacement after 6 months
Simple Extractions	Extractions of primary teeth or adult teeth solely for orthodontic purposes will be treated as orthodontic services.	Simple extractions.
Crown, Denture and Bridge Repair/ Recementations	• Re-cementing of Cast Restorations or Dentures, but not more than once in a 12 month period. • Simple repairs of Cast Restorations or Dentures other than recementing, but not more than once in a 12 month period.	None
X-rays	X-rays, except as mentioned elsewhere.	• Full mouth X-rays; once every 5 Years • X-rays, except as mentioned elsewhere.
General Anesthesia	When dentally necessary in connection with oral surgery, extractions or other covered dental services	None
Periodontics	None	• Periodontal scaling and root planing once per quadrant in any 2 Years. • Total number of periodontal maintenance treatments cannot exceed two treatments in 12 months, less the number of teeth cleanings received during such 12 month period.
Space Maintainers	Space maintainers for a Child under age 19 once per lifetime per tooth area.	Space maintainers for a Child under age 19 once per lifetime per tooth area.
Sealants	None	Sealants or sealant repairs for a Child under age 19 which are applied to non-restored, non-decayed first and second permanent molars, once per tooth every 3 Years.

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Type C — Major Restorative		
Crown, Denture and Bridge Repair/ Recementations	None	• Re-cementing of Cast Restorations or Dentures, but not more than once in a 12 month period. • Simple repairs of Cast Restorations or Dentures other than recementing, but not more than once in a 12 month period.
Oral Surgery	except as mentioned elsewhere	except as mentioned elsewhere
Implants	None	• Replacement once every 5 years • Repair of implants, but no more than twice in a 12 month period.
Bridges and Dentures	• Dentures and bridgework replacement; one every 5 years • Replacement of an existing temporary full denture if the temporary denture cannot be repaired and the permanent denture is installed within 12 months after the temporary denture was installed	• Dentures and bridgework replacement; one every 5 years • Replacement of an existing temporary full denture if the temporary denture cannot be repaired and the permanent denture is installed within 12 months after the temporary denture was installed
Crowns, Inlays and Onlays	Replacement once every 5 years	Replacement once every 5 years
Endodontics	Root canal treatment, including bone grafts and tissue regeneration procedures in conjunction with periradicular surgery, but not more than once in any 12 month period for the same tooth.	Root canal treatment, including bone grafts and tissue regeneration procedures in conjunction with periradicular surgery, but not more than once in any 12 month period for the same tooth.
General Anesthesia	None	When dentally necessary in connection with oral surgery, extractions or other covered dental services
Periodontics	• Periodontal scaling and root planing once per quadrant in any 2 Years. • Periodontal surgery once per quadrant in a 3 Year period. • Total number of periodontal maintenance treatments cannot exceed two treatments in 12 months, less the number of teeth cleanings received during such 12 month period.	• Periodontal surgery once per quadrant in a 3 Year period.

The service categories and plan limitations shown above represent an overview of your plan benefits. This document presents the majority of services within each category, but is not a complete description of the plan.

Exclusions

This plan does not cover the following services, treatments and supplies:

1. services which are not Dentally Necessary, or those which do not meet generally accepted standards of care for treating the particular dental condition;

2. services for which You would not be required to pay in the absence of Dental Insurance;

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3. services or supplies received by You or Your Dependent before the Dental Insurance starts for that person;

4. services which are neither performed nor prescribed by a Dentist, except for those services of a licensed Dental Hygienist which are supervised and billed by a Dentist, and which are for:

- scaling and polishing of teeth; or
- fluoride treatments;

5. services which are primarily cosmetic, unless required for the treatment or correction of a congenital defect of a newborn Child;

6. services or appliances which restore or alter occlusion or vertical dimension;

7. restoration of tooth structure damaged by attrition, abrasion or erosion, unless caused by disease;

8. restorations or appliances used for the purpose of periodontal splinting;

9. counseling or instruction about oral hygiene, plaque control, nutrition and tobacco;

10. personal supplies or devices including, but not limited to: water piks, toothbrushes, or dental floss;

11. decoration or inscription of any tooth, device, appliance, crown or other dental work;

12. missed appointments;

13. services:

- covered under any workers' compensation or occupational disease law;
- covered under any employer liability law;
- for which the Employer of the person receiving such services is required to pay; or
- received at a facility maintained by the Policyholder, labor union, mutual benefit association, or VA hospital;

14. services covered under other coverage provided by the Policyholder;

15. temporary or provisional restorations;

16. temporary or provisional appliances;

17. prescription drugs;

18. services for which the submitted documentation indicates a poor prognosis;

19. the following, when charged by the Dentist on a separate basis:

- claim form completion;
- infection control, such as gloves, masks, and sterilization of supplies; or
- local anesthesia, non-intravenous conscious sedation or analgesia, such as nitrous oxide;

20. dental services arising out of accidental injury to the teeth and supporting structures, except for injuries to the teeth due to chewing or biting of food;

21. caries susceptibility tests;

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22. modification of removable prosthodontic and other removable prosthetic services;

23. appliances or treatment for bruxism (grinding teeth);

24. adjustment of a Denture made within 6 months after installation by the same Dentist who installed it;

25. duplicate prosthetic devices or appliances;

26. replacement of a lost or stolen appliance, Cast Restoration or Denture;

27. orthodontic services or appliances;

28. repair or replacement of an orthodontic device;

29. diagnosis and treatment of temporomandibular joint disorders and cone beam imaging associated with the treatment of temporomandibular joint disorders;

30. connector bar;

31. precision attachments associated with fixed and removable prostheses, except when the precision attachment is related to implant prosthetics, except as mentioned elsewhere;

32. intra and extraoral photographic images.

Limitations

Alternate Benefits: Where two or more professionally acceptable dental treatments for a dental condition exist, reimbursement is based on the least costly treatment alternative. If you and your dentist have agreed on a treatment that is more costly than the treatment upon which the plan benefit is based, you will be responsible for any additional payment responsibility. To avoid any misunderstandings, we suggest you discuss treatment options with your dentist before services are rendered, and obtain a pre-treatment estimate of benefits prior to receiving certain high cost services such as crowns, bridges or dentures. You and your dentist will each receive an Explanation of Benefits (EOB) outlining the services provided, your plan's reimbursement for those services, and your out-of-pocket expense. Actual payments may vary from the pretreatment estimate depending upon annual maximums, plan frequency limits, deductibles and other limits applicable at time of payment.

Cancellation/Termination of Benefits: Coverage is provided under a group insurance policy (Policy form GPNP99 / G.2130-S) issued by Metropolitan Life Insurance Company (MetLife). Coverage terminates when your participation ceases, when your dental contributions cease or upon termination of the group policy by the Policyholder or MetLife. The group policy terminates for non-payment of premium and may terminate if participation requirements are not met or if the Policyholder fails to perform any obligations under the policy. The following services that are in progress while coverage is in effect will be paid after the coverage ends, if the applicable installment or the treatment is finished within 31 days after individual termination of coverage: Completion of a prosthetic device, crown or root canal therapy.

Group dental plans featuring the Preferred Dentist Program are provided by Metropolitan Life Insurance Company, New York, NY 10166.

Like most group benefits programs, benefit programs offered by MetLife and its affiliates contain certain exclusions, exceptions, waiting periods, reductions, limitations and terms for keeping them in force. You may be financially responsible for copayments, deductibles, or any other amounts in excess of those MetLife is required to pay for covered services as described in your dental certificate and/or policy. Ask your MetLife representative for costs and complete details.

Questions & Answers

Q. Who is a participating dentist?

A. A participating dentist is a general dentist or specialist who has agreed to accept negotiated fees as payment in full for covered services provided to plan members. Negotiated fees typically range from 30% – 45% below the average fees charged in a dentist's community for the same or substantially similar services.†

Q. How do I find a participating dentist?

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A. There are thousands of general dentists and specialists to choose from nationwide --so you are sure to find one that meets your needs. You can receive a list of these participating dentists online at www.metlife.com/mybenefits or call 1-800-942-0854 to have a list faxed or mailed to you.

Q. What services are covered under this plan?

A. The Plan documents set forth the services covered by your plan. The List of Primary Covered Services & Limitations herein contains a summary of covered services. In the event of a conflict between the Plan documents and this summary, the terms of the Plan documents shall govern. Please review the enclosed plan benefits to learn more.

Q. May I choose a non-participating dentist?

A. Yes. You are always free to select the dentist of your choice. However, if you choose a non-participating dentist your out-of-pocket costs may be higher.

Q. Can my dentist apply for participation in the network?

A. Yes. If your current dentist does not participate in the network and you would like to encourage him/her to apply, ask your dentist to visit www.metdental.com, or call 1-866-PDP-NTWK for an application.†† The website and phone number are for use by dental professionals only.

Q. What are incentive provisions?

A. These features could increase your annual maximum and or increase your plan coinsurance percentages and or decrease your plan deductible based on claims behavior or utilization. You must meet the criteria to receive the incentive. The criteria is based on your plan design.

Q. How are claims processed?

A. Dentists may submit your claims for you which means you have little or no paperwork. You can track your claims online and even receive email alerts when a claim has been processed. If you need a claim form, visit www.metlife.com/mybenefits or request one by calling 1-800-942-0854

Q. Can I get an estimate of what my out-of-pocket expenses will be before receiving a service?

A. Yes. You can ask for a pretreatment estimate. Your general dentist or specialist usually sends MetLife a plan for your care and requests an estimate of benefits. The estimate helps you prepare for the cost of dental services. MetLife strongly recommends that you have your dentist submit a pretreatment estimate to MetLife if the cost is expected to exceed $300. When your dentist suggests treatment, have him or her send a claim form, along with the proposed treatment plans and supporting documentation, to MetLife. An explanation of benefits (EOB) will be sent to you and the dentist detailing an estimate of what services MetLife will cover and at what payment level. Actual payments may vary from the pretreatment estimate depending upon annual maximums, deductibles, plan frequency limits and other plan provisions at time of payment.

Q. Can MetLife help me find a dentist outside of the U.S. if I am traveling?

A. Yes. Through international dental travel assistance services* you can obtain a referral to a local dentist by calling +1-312-356-5970 (collect) when outside the U.S. to receive immediate care until you can see your dentist. Coverage will be considered under your out-of-network benefits.** Please remember to hold on to all receipts to submit a dental claim.

Q. How does MetLife coordinate benefits with other insurance plans?

A. Coordination of benefits provisions in dental benefits plans are a set of rules that are followed when a patient is covered by more than one dental benefits plan. These rules determine the order in which the plans will pay benefits. If the MetLife dental benefit plan is primary, MetLife will pay the full amount of benefits that would normally be available under the plan, subject to applicable law. If the MetLife dental benefit plan is secondary, most coordination of benefits provisions require MetLife to determine benefits after benefits have been determined under the primary plan. The amount of benefits payable by MetLife may be reduced due to the benefits paid under the primary plan, subject to applicable law.

Q. Do I need an ID card?

A. No. You do not need to present an ID card to confirm that you are eligible. You should notify your dentist that you are enrolled in the MetLife Preferred Dentist Program. Your dentist can easily verify information about your coverage through a toll-free automated Computer Voice Response system.

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Savings from enrolling in a dental benefits plan featuring the MetLife Preferred Dentist Program will depend on various factors, including the cost of the plan, how often participants visit a dentist, and the cost of services rendered.

††Due to contractual requirements, MetLife is prevented from soliciting certain providers.

*AXA Assistance USA, Inc. provides Dental referral services only. AXA Assistance is not affiliated with MetLife, and the services and benefits they provide are separate and apart from the insurance provided by MetLife. Referral services are not available in all locations. Exclusions: The AXA Travel Assistance Program is available for participants in traveling status. Whenever a trip exceeds 120 days, the participant is no longer considered to be in traveling status and is therefore no longer eligible for the services. Also, AXA Assistance USA will not evacuate or repatriate participants without medical authorization; with mild lesions, simple injuries such as sprains, simple fractures or mild sickness which can be treated by local doctors and do not prevent the member from continuing his/her trip or returning home; or with infections under treatment and not yet healed. Benefits will not be paid for any loss or injury that is caused by or is the result from: pregnancy and childbirth except for complications of pregnancy, and mental and nervous disorders unless hospitalized. Reimbursements for non-medical services such as hotel, restaurant, taxi expenses or baggage loss while traveling are not covered. The maximum benefit per person for costs associated with evacuations, repatriations or the return of mortal remains is US$500,000. Treatment must be authorized and arranged by AXA Assistance's designated personnel to be eligible for benefits under this program. All services must be provided and arranged by AXA Assistance USA, Inc. No claims for reimbursement will be accepted.

**Refer to your dental benefits plan summary for your out-of-network dental coverage.

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